

PROJECT FEASIBILITY REPORT

ON

APANA GHAR

Intergrated Package of Services for
Senior Citizens and Homeless Children

Submitted by,

SHRUTI COMMUNICATION TRUST

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**APANA GHAR
INTEGRATED PACKAGE FOR SENIOR CITIZENS AND
HOMELESS CHILDREN**

1.	PROJECT TITLE	APANA GHAR INTEGRATED PACKAGE OF SERVICES FOR SENIOR CITIZENS AND HOMELESS CHILDREN CARE CENTER IN BIHAR & JHARKHAND
2.	NODEL AGENCY MONITORING & IMPLEMENTING AGENCY	KEWAL SACH SAMAJIK SANSTHAN SHURUTI COMMUNICATION TRUST <u>Registered office:</u> East Ashok Nagar, Road No. - 14, Kankarbagh, Patna - 20 (Bihar) Contact No.- 9431073769, 9955077308, 9308727077, 0612-3240075
3.	LOCATION	Bihar & jarkhand State
4.	INTRODUCTION	<p>Aging is a time of multiple illnesses and general disability. Besides an increased level of illness, the aging process itself leads to certain disabilities such as low vision and blindness resulting from cataracts, deafness resulting from nerve impairment, loss of mobility from arthritis and a general inability to care for oneself.</p> <p>Furthermore, aging is inevitable and thus of concern to each of us. Therefore, he needs to be looked after as a child. When rich people become old, then they do not have any food problem but son of a poor father can not earn so much that he can feed his old parents after feeding his wife and children. As such, the condition of old parents becomes pitiable. Therefore, there should be such residential 'Ashram' or 'Home', where food, water,</p>

		clothes and medicines can be arranged for these poor old people.
5.	The Statement of the Problems, which the project seeks to tackle	<p>Aging is a time of multiple illnesses and general disability. Besides an increased level of illness, the aging process itself leads to certain disabilities such as low vision and blindness resulting from cataracts, deafness resulting from nerve impairment, loss of mobility from arthritis and a general inability to care for oneself.</p> <p>India is fast accumulating the aged population (60 years and above) mainly for the following reasons:</p> <ul style="list-style-type: none"> • Advancement of medical/health sciences • Gradual fall in mortality rate • Increased awareness about killer diseases and general hygiene. • Better nutrition. • Increased life expectancy. <p>In our Indian society, there is a change in family system. The Joint Family system is being replaced by the Nucleus Family system. As a result of this social change, often the aged parents are left to fend for themselves as their children, after acquiring their own families, leave them and become so much engrossed in the affairs of their own families. In old age, a person becomes tender like a child and, therefore, he needs to be looked after as a child.</p> <p>When rich people become old, then they do not have any food problem but son of a poor father can not earn so</p>

much that he can feed his old parents after feeding his wife and children. As such, the condition of old parents becomes pitiable. Therefore, there should be such residential 'Ashram' or 'Home', where food, water, clothes and medicines can be arranged for these poor old people.

Many factors have contributed to the alienation of the elders. Some of them are as follows:

- Migration of young couples from the rural areas to cities in search of better employment opportunities to fend for themselves.
- Elders who have been in control of the household for a long time are unwilling to give up the responsibility to their children.
- Youngsters on their part are sometimes resentful of the attitude of their parents.
- Many youngsters have moved to places far away from their native homes and in the recent past to many countries abroad. So even if they want but they cannot accomodate their parents in their own homes.
- Elders are sometimes too incapacitated or unwell to look after themselves or get medical care especially in an emergency.

6. OBJECTIVE

The project is being submitted towards fulfillment of following objectives:

To plan, and implement an

integrated plan for their education and rehabilitation.

To identify the socio, economic and educational needs of Street Children for the improvement of the lives of the people.

- (i) To undertake full and wholesome development of street children without homes and family ties.
- (ii) To undertake prevention of destitution and withdraw of street children beneficiaries from a life on the street and their placement in the national mainstream.
- (iii) To make provision of shelter nutrition, health cares sanitation and hygiene, safe drinking water, education and recreational facilities and protection against abuse and exploitation to destitute and neglected street children.
- (iv) To make the target group of the street children good citizens of our country.
- (v) To utilize the funds for project towards assistance for the elderly irrespective of the caste and creed.
- (vi) To provide base services in the areas of health care, recreation, nutrition; and income generation.
- (vii) Creation of confidence, awareness and economic independence.
- (viii) To advocate and sensitize the younger generation and society

			and create a social awareness about the problem of elderly people.
7.	Target group of beneficiaries to be covered. In case the center is open to men and women separate lodging facilities for both will be provided.	:	<p>Provided to care/incorporate geriatric care and care of homeless children under which an NGO shall provide home care to senior citizens (Male and female both) alongwith residential care to orphan, destitute and street children.</p>
8.	The services to be delivered and the charges, if any, to be realized from the beneficiaries;	:	<p>The project is an approach intended to undertake the following services:</p> <ol style="list-style-type: none"> 24-HOUR care center. Health care to the inmates. Nutritional diet. Recreational facilities like carom, chess, television etc. Livelihood or income generation training, etc. <p>The tenets of all these activities are:</p> <ul style="list-style-type: none"> Independence to the aged Participation Care Self-fulfillment Dignity <p>In order to provide above services for the old age inmates, no charges will be taken from them. However, persons with appropriate qualifications and experience will be engaged so as to maintain acceptable service standards.</p>

9.	THE PROBLEM OF STREET CHILDREN	Since independence, India has plunged into an era of planned industrialization. In order to bridge the gap of more than 200 years of economic stagnation, the country has resorted to the APANA GHAR of one of the most effective tools of economic program viz. development through five year plans.
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In our Five Year Plans, children have been viewed as a vulnerable section of our population and among them certain groups are considered to be having such needs and problems which cannot be met through the institutions of family. And hence network of social services meant for the general population range of services which supplement or substitute parental care and supervision, promote general and help the children overcome the problems that may result in dependency, deviance and neglect.

When we consider the lives of the street children and their problem we find that they face a number of problems in their lives and their vulnerability increase day by day. They have to earn a living for themselves and they need to protect themselves from different anti social elements, drug addicts, homosexuals, rich and poor.

The street children live in an environment life and death, and slowly they too become drug addicts, criminals and anti social elements. The small street children easily become victims of all sorts of sexual exploitation for even two rupees. The Street Children easily become susceptible to various kinds of diseases and they (live at a very small age. In the whole process, the childhood of the small children is lost and they have misery in their life. The child labour is one major problem, which leads to the problem related to the street children.

		<p>According to the latest available statistics about 56 % of the population in rural areas are illiterate and there is high level of migration and runaway from homes. Street children are those for whom the street more than their family has become their real home, a situation in which there is no protection, supervision, or direction from responsible adults about 25 % of the children fall in the hands of the criminals and police. I human Rights Watch estimates that approximately 18 million children live or work on the streets of India. Majority of these street children are involved in crime, prostitution, gang related violence and drug trafficking.</p>
11.	<u>PROPOSED ACTIVITIES</u>	<p>: Following activities are proposed to be undertaken.</p> <ul style="list-style-type: none"> (ix) Baseline survey will be conducted in order to know the actual no & status of the shelter less children spread over the whole target area. (x) Need Assessment This activity will be undertaken by the project functionaries in order to assess the local needs of our target group. (xi) Selection of 250 street children & Senior citizen for participation in the project. (xii) Orientation of functionaries. The project functionaries will be duly oriented in project activities.

		(xiii) Provision of shelter with fooding.
		<p>(xiv) Provision of elementary education.</p> <p>(xv) Provision of Health care.</p> <p>(xvi) Provision of Drug-De-addiction activities.</p> <p>(xvii) Provision of vocational training for improving the functional ability of our target group for income generating purpose.</p> <p>(xviii) Provision of recreational activities.</p> <p>(xix) Motivation for re-joining the families where it is possible.</p> <p>(xx) Preparing the street children belonging to our target group for self-confidence, self earning and becoming good citizens of our</p>

			country.
12.	JUSTIFICATION	:	<p>With the rapid growth of population no. of shelter less street children is also increasing day by day. There are various section of our society like sex workers. Beggars and other such persons those who have not proper resources to look after their children, they leave them to their own fate. Such children either beg on the platforms of Railway station, Bus stands and other public places or undertake other small works making their both ends meet. Such children learn bad habits or are subjected to various types of criminal activities like pick pocketing stealing etc. such children are also utilized for sexual purpose. This condition needs to be changed and the coming generation needs to be looked after properly in order to make them good citizens of India. This is a social obligation, which has got to be fulfilling at any cost. This tremendous task is not only for govt. agencies to undertake, the non-govt. organizations should come forward and accept the challenge for the solution of this aggravating problem. The present project proposal aims at rendering assistance towards Rescue and Rehabilitation of 200 street children of Patna district.</p>
13.	METHODOLOGY/WORK PLAN	:	<p>Following methodology will be adopted towards successful implementation of the project.</p>

		<ul style="list-style-type: none"> (i) Deployment of competent functionaries. (ii) Survey & Need assessment. (iii) Establishment of Two centers with 100 inmates in each. (iv) Collaboration with medical administration. (v) Collaboration with other Govt. & Non-Govt. agencies. (vi) Details work plan will be submitted later.
14.	THE RELEVANCE OF INTEGRATED PACKAGE OF SERVICES FOR SENIOR CITIZENS AND HOMELESS CHILDREN'S	<p>Many factors have contributed to the alienation of the elders. Some of them are as follows:</p> <ul style="list-style-type: none"> • Migration of young couples from the rural areas to cities in search of better employment opportunities to fend for themselves. • Elders who have been in control of the household for a long time are unwilling to give up the responsibility to their children. • Youngsters on their part are sometimes resentful of the attitude of their parents. • Many youngsters have moved to places far away from their native homes and in the recent past to many countries abroad. So even if they want to they cannot accomodate their parents in their own homes. • Elders are sometimes too incapacitated or unwell to look after themselves or get medical care especially in an emergency.

15.	MONITORING		The project will be monitored and evaluated by internal agencies deputed for the purpose. Such agencies will be entrusted with the task of periodical evaluation. Monitoring will be conducted through the internal agencies formed and deputed by the implementing organization.
16	OTHER FACILITIES		<p>Recreational and reading facilities such as., Televisions, video players, newspapers and books will be made available.</p> <p>Depending on the extent of the physical activity of the residents other facilities for active sports such as: tennis, table tennis, squash can be provided. Depending on the need billiards and card tables and other entertainment facilities may be provided.</p>
			In today's context computers with internet connections are more a necessity than an option especially to receive and send e-mail to the near & dear. The ability to browse the world wide web will allow the residents to be informed and mentally active.
17.	PARTICIPATION OF THE RESIDENTS IN THE RUNNING OF THE HOME		The residents will be encouraged to participate in the day to day activities of the home which may be anything from cooking to maintaining the cleanliness of the home. They could also periodically organize celebrations of various festivals and social events.
18.	The particulars of the staff and their duties and responsibilities are as follows :-		
1.	SOCIAL WORKER	:	The organisation has appointed one social worker, who is well experience and dedicated to the social service, to look

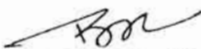
			<p>after ;the welfare of the older people of the Integrated Package of Services for Senior Citizens and Homeless Children. The social worker will conduct the prayer in the morning and evening watch the beneficiaries. He will attends to the needs of the older people. He will help them in getting their pensions, bank with drawls and other personals works.</p>
2.	WARDEN	:	<p>The warden will conduct the morning & evening prayer and will see the arrangements of breakfast, meals etc., she will arrange and distributed the daily provisions, vegetables to the cook. In this presence the breakfast. The lunch and the supper will be arranged to the inmates of the Integrated Package of Services for Senior Citizens and Homeless Children. She will move closely with the older persons and made enquiry about their needs and aspirations and arrange all Facilities for their happy and comfortable living.</p>
3.	MID-WIVES	:	<p>She will take care of the health of older persons staying in the Integrated Package of Services for Senior Citizens and Homeless Children as per the instructions and prescriptions of the doctor, she will distribute the medicines to the inmates of the Integrated Package of Services for Senior Citizens and Homeless Children in the morning and evening. She will do health checkup of B.P. temperature of the inmates.</p> <p>She will assist the doctor during his visits to the Integrated Package of Services for Senior Citizens and Homeless Children for medical check-up and she will attend to patients as per the instructions of the doctor. During in emergency times she will accompany with the inmates to the</p>

			near by hospital.
4.	CHOWKIDAR	:	He is the watch and ward for the Integrated Package of Services for Senior Citizens and Homeless Children. He will do the services for the inmates. He will take care and watch the inmates during the night times. If there is any problems arise to the inmates in the night times he will report the matter to members of the Organisation and the staff or to the doctor. He will attend to all the needs of the inmates during the night times.
5.	ATTENDENT/ SWEEPER	:	She/He will take of sanitation of the Integrated Package of Services for Senior Citizens and Homeless Children. She/He will sweep and clean all the rooms of the Integrated Package of Services for Senior Citizens and Homeless Children by 7 AM. She/He will keep the toilets clean and hygienic. She/He will also look after the water facilities for the inmates and will provide filter water to all the inmates. She/He will assist and will help the inmates in their daily routine works.
6.	COOK	:	She/He will look after the preparation for the inmates. She/He will prepare the breakfast. It is by 9 AM the lunch by 12 Noon snacks and tea by 3 PM and the dinner by 8 PM. She/He will prepare the food as per the desire and lasted of the inmates; She/He will also distribute food to the inmates, clean the vessels and keep the kitchen cleanly.
7.	PART TIME DOCTOR	:	He will take care of the health of the inmates by visiting 3 times in a month . During these three visits he will checkup the health of the inmates. He will advise ill health persons of the aged home. He

			will advise the simple exercise to the inmates depending upon their health condition. A part from the three visits he will also visit the home during emergency times. He will serve the patients of the home with dedication and devotion.
8.	PSYCHO PHYSIOTHERAPIST	CUM :	<p>Organization has arranged Physiotherapist & Medical Equipments for providing health care services. Yoga is the most ancient system of development of the body and the mind. It was practiced thousands of years ago in this country and is being carried out even today.</p> <p>So they engaged themselves in finding a way out to get rid off them. And thus they found a way out. What was more desirable than yoga to obtain peace and sound health?</p>
9.	ROLE OF ORGANISATION	THE :	<p>For over all successful and smooth running of the Integrated Package of Services for Senior Citizens and Homeless Children all the members of the executive committee will take care. By meeting resolution of the executive committee of the Organisation has allotted. The following persons to look after the well being of the inmates of the Integrated Package of Services for Senior Citizens and Homeless Children.</p> <p>BRAJESH MISHRA & PANDIT LAXMAN BALYOGI Settler of shruti communication trust & G.wef foundation the Organisation has fully authorised by the organisation to take all necessary actions for running of the Integrated Package of Services for Senior Citizens and Homeless Children. (Filing of APANA GHAR, process of sanction & running of Integrated Package of</p>

		<p>Services for Senior Citizens and Homeless Children including inspection report.) He will be the over all in charge of the functioning of the proposed Integrated Package of Services for Senior Citizens and Homeless Children.</p> <p>The members of the organisation are conducting monthly, quarterly, yearly and special meetings along with the village holders and staff to review and to function of the project like Integrated Package of Services for Senior Citizens and Homeless Children etc. During the Monthly meeting the organisation will collect the opinions of the inmates and will act accordingly.</p>
10.	RECORDS	<p>: The organisation will maintain all the records in the Integrated Package of Services for Senior Citizens and Homeless Children as per norms.</p> <p>The staff and the members of the organisation will run the Integrated Package of Services for Senior Citizens and Homeless Children successfully. As a result of the devoted services will be render by the staff and the organisation, the inmates will be very much happy and they will feel very comfortable in staying in the Integrated Package of Services for Senior Citizens and Homeless Children. And they will express their deep gratitude and special thanks to the Social Welfare Directorate, Govt. of Bihar & Jharkhand and as well as the organisation also.</p>

FOR- SHRUTI COMMUNICATION TRUST


[BRAJESH MISHRA]
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Sign.Trustee Member

श्रुति कम्युनिकेशन ट्रस्ट

भारतीय ट्रस्ट अधिनियम 1882 के तहत बिहार सरकार से निबंधित

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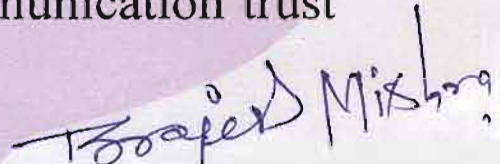
पत्रांक :-.....

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CERTIFICATE

This is to certify that the above informations are true and fair, to the best of our knowledge and belief and further certified that the organization is not black - listed by any State or Central Government organization.

For- shruti communication trust


(Brajesh Mishra)
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